

Decca Aitkenhead and Julia Samuel

In conversation with Imogen Lycett Green

Bereavement and Grief

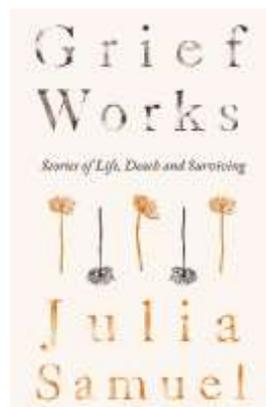
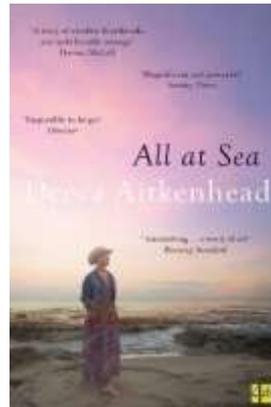
Monday 1 May

11.00-12.00pm

£12 The Main Marquee



Decca Aitkenhead



Julia Samuel

Death is the last taboo in our society, and grief is still profoundly misunderstood. Award-winning *Guardian* journalist Decca Aitkenhead, author of *All At Sea*, suffered the catastrophic loss of her husband who drowned whilst rescuing one of their sons. Julia Samuel, author of *Grief Works: Stories of Life, Death and Surviving*, has been a grief psychotherapist for 25 years, working with bereaved families and is a Founder Patron of Child Bereavement UK, where she continues to play a central role. Imogen Lycett Green is a writer and co-founder of Narrative Workshops CIC and curator of the Betjeman Poetry Prize. Together they will discuss love, loss and survival; sharing their own and others stories of coming to terms with grief.

Sponsored by Jigsaw South East



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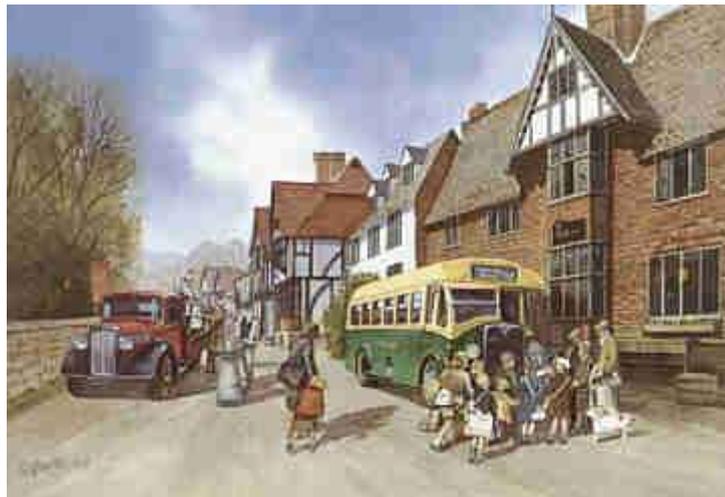
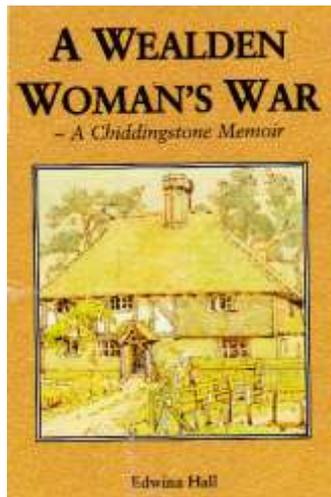
Penny Harris

A Wealden Woman's War

Monday 1 May 12.10-12.45pm

Free with ticket to visit the Castle/Festival

The Victorian Kitchen



Penny Harris has lived in the parish of Chiddingstone all her life. She will entertain you with anecdotes and stories from her mother Edwina Hall's Chiddingstone Memoir: *A Wealden Woman's War*.

Bob Golds

A Walking Tour of Chiddingstone Village

Monday 1 May

12.50-1.50pm

Free with ticket to visit the Castle/Festival

Meet at the Main Door to the Castle



Enjoy a tour of the Castle grounds and Chiddingstone Village with local historian Bob Golds. Starting with a brief history of the Castle and its surrounds, Bob will then walk the route of the old High Street to the Castle Inn and present High Street. He will cover the origins and history of the village, church and Chiding Stone, with a climb up the Church tower (for those that wish) for a bird`s-eye view of the village.

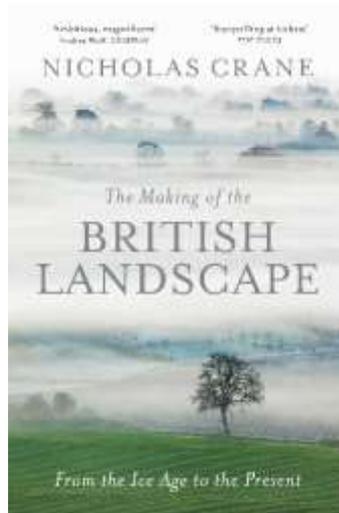
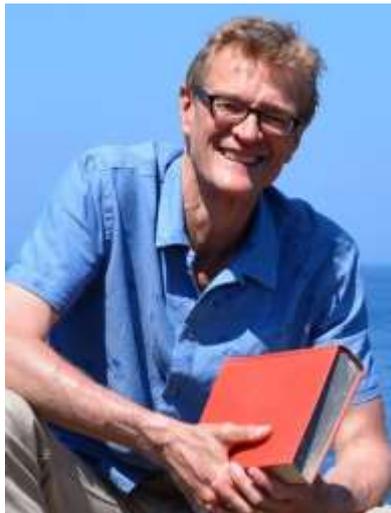
Nicholas Crane

**The Making of the British Landscape:
From the Ice Age to the Present**

Monday 1 May

2.00-3.00pm

£12 The Main Marquee



From ancient ritual landscapes to the building of the Shard, humans have shaped this island habitat as powerfully as it has shaped us, over 12 millennia.

Nicholas Crane presents a fresh view of Britain taking an epic geographical journey through time, combining the latest research in global climate change with compelling storytelling. He describes the ancient relationship between people and place and the modern tensions between town and countryside, with a closer look at the landscape of the South-East. Nicholas Crane is author of *Mercator, the Man Who Mapped the Planet*, a lead presenter of BBC TV's *Coast* and President of the Royal Geographical Society.

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Rev. Richard Coles

In conversation with Nicolette Jones

Bringing in the Sheaves: Wheat and Chaff from My Years as a Priest

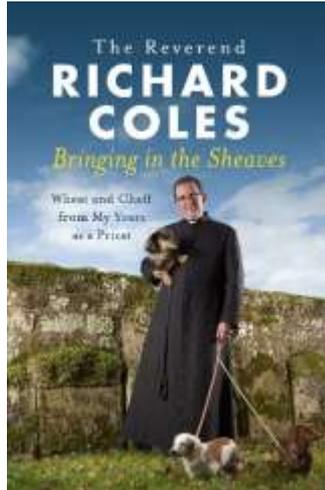
Monday 1 May

3.15-4.15pm

£12 The Main Marquee



Richard Coles c. Tim Anderson

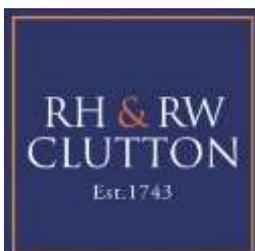


Nicolette Jones

Rev

After a life of sex, drugs and the Communards, the Reverend Richard Coles has devoted himself to Christianity. He is now Vicar of Finedon, as well as a much-loved presenter of Radio 4's *Saturday Live*, and a regular on Radio 2's *Pause for Thought*. What is life like for the parson in Britain today? For centuries the Church calendar - and the Church parson - gave character and personality to British life. Today however, as faith is no longer as privileged or persuasive, that figure has become far more marginal. With a unique insight into his daily ministry, he describes the joy, drama, difficulty and humour which life - and indeed death - serves up. Nicolette Jones is a writer, critic and broadcaster, and author of *The Plimsoll Sensation*.

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Rachel Kelly

In conversation with Imogen Lycett Green

The Happy Kitchen: Good Mood Food

Monday 1 May

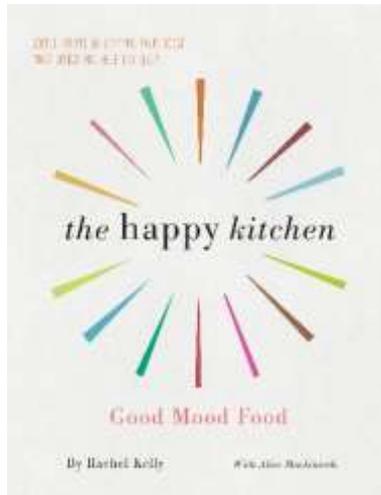
4.30-5.30pm

£12

The Main Marquee



Rachel Kelly & Alice Mackintosh



Imogen Lycett Green

Rachel Kelly, former *Times* journalist and bestselling author of *Walking on Sunshine: 52 Small Steps to Happiness* and *Black Rainbow: How Words Healed Me - My Journey Through Depression*, discusses her holistic approach to staying calm and well after a long battle with anxiety. Rachel will share wellbeing strategies for mind and body that really work, including the science of eating to be happy - the basis of her latest book *The Happy Kitchen: Good Mood Food*. Imogen Lycett Green is a writer and co-founder of Narrative Workshops CIC and director of the Betjeman Poetry Prize.

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Conn Iggulden with Angus Donald

I, Dunstan: Seven Kings and the Birth of England

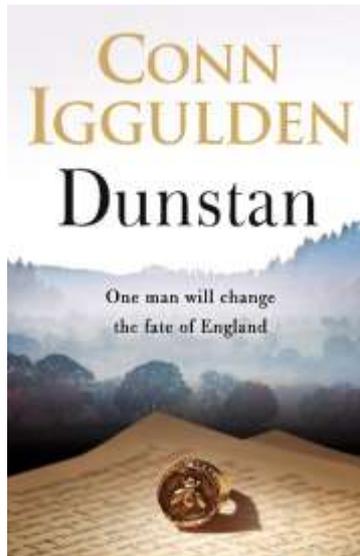
Monday 1 May

5.45-6.45pm

£12 The Main Marquee



Conn Iggulden



Angus Donald

Conn Iggulden gives us an exclusive preview of his new novel I, *Dunstan*. The year is 937. England is a nation divided, ruled by minor kings and Viking lords. The Wessex king Æthelstan, grandson of Alfred the Great, is readying himself to attack the north. Behind him stands Dunstan, the man who will control the destiny of the next seven kings of England, and the fate of an entire nation. Conn is author of the best-selling *Emperor, Conqueror* and *Wars of the Roses* series, and one of the most successful authors of historical fiction writing today. Angus Donald is the bestselling author of *The Outlaw Chronicles*, a series of eight meticulously researched historical novels featuring Robin Hood. *Blood's Game*, the first in a new series, will be published in October.

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